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STRATEGIES FOR BREAKING THE LANGUAGE BARRIER

Foreign language competence is one of the crucial factors for the integration of Ukraine into European economic, political, scientific and production community. That is why the students should master foreign languages to become a competent expert in the world labour market, to participate in profession-based programs, internships, conferences and workshops, to exchange information and, finally, to have a possibility to get a job in a foreign country High School. But to master foreign language grammar, vocabulary, testing strategies is not enough to be fluent in the English language. Speaking skills are very important for communication. But a lot of learners experience difficulties in speaking and this problem is known as the language barrier. Our study is an attempt to find out the ways of overcoming the language barrier. Most teachers believe that not to be afraid of talking the foreign language we should:

1. Relax and do not be nervous. When you are nervous, your brain begins to partially "turn off" and the words are mixed into chaos. That is, in such a state, it is much more difficult for you to express your thoughts in English than when you are calm. Relax, take a deep breath. Remember that your interlocutor also experiences embarrassment and is afraid of being unclear. Usually, relaxation helps to streamline your thoughts and helps to establish a dialogue. So just do not forget to breathe deeply and smile your interlocutor. A smile is a universal means of constructing dialogue, it will help to get rid of fear and get together with thoughts.

2. Do not be shy. One of the main obstacles to communication is shyness. Resist the fact that you will make mistakes, speak wrongly, and you will have to refresh your body language skills. The point is to just admit that these things will happen.

Besides, it seems to us that we will laugh over our accent, and we are afraid to look funny. But remember, as we like, when foreigners try to speak Ukrainian, their emphasis seems to us sweet and in no way interfere with understanding.

3. Take a notebook. A plain notebook! Who would have thought that it could be very effective? Write down any phrases you find useful, note interesting words and phrases. Browse these records for the occasion to refresh them in memory. They will surely need you. The more vocabulary you have, the easier it will be to find the right words in the conversation.

4. Ask questions. Do not be afraid to ask your interlocutor. If a foreigner says too fast and you do not have time to catchwords, ask him to repeat it more slowly.

The mistake of beginners in learning a foreign language lies in the fact that they do not ask questions when they do not understand something, but try to pretend that everything is in order. Do not be ashamed to ask and ask to speak more slowly. The interlocutor will understand you and begin to speak not so quickly and pick up more simple words. So soon the panic disappears and it will be possible to construct a constructive dialogue.

5. Constantly repeat

Use extremely popular method: when watching a movie in a foreign language or with subtitles, you must periodically pause it and repeat the dialogues for the heroes. This way the spoken language is studied and the correct pronunciation is sharpened. Moreover, having a good memory, you can several times increase your vocabulary. If you can't go abroad to practice English you may become a participant of a webinar[1], listen and watch the podcasts [2], join the podcast users community, exchange your thoughts and ideas via social media groups.

6. Do not stop what you have reached

Linguists argue that language is quickly forgotten if it is not used regularly. Of course, constant learning and doing things is bored, but you can try to diversify the practice of viewing interesting films in a foreign language, reading books or forums on the Internet. And most importantly - talk, talk as much as possible on different topics, go to spoken clubs, travel and do not build any barriers ahead of you!

7. Travel on your own

It is very strict, but very effective way, it is the basis of my own experience, cause you will need to talk and you do not have a choice, except to ask and find out information during your trip. It is pretty cliché expression but still has a meaning that you must go out from your comfort zone.

It doesn't mean that you should try all the strategies. Only after using each of them, you can choose the one that suits you. And these tips can help you to overcome the language barrier.

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